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P. Masikati^a, A. Manschadi^b, A. van Rooyen^a, J. Hargreaves

^a International Crops Research Institute for the Semi-arid Tropics (ICRISAT), PO Box 776, Bulawayo, Zimbabwe

^b Center for Development Research (ZEF), Walter-Flex Strasse 3, D53113 Bonn, Germany

^c CSIRO Ecosystem Sciences, PO Box 102, Toowoomba, Queensland 4350, Australia

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MAIZE-MUCUNA ROTATION: AN ALTERNATIVE TECHNOLOGY TO IMPROVE WATER PRODUCTIVITY IN SMALLHOLDER FARMING SYSTEMS

P. Masikati^{A1}, A.Manschadi^B, A. Van Rooyen^A and J Hargreaves^C

^A International Crops Research Institute for the Semi-arid Tropics (ICRISAT), PO Box 776, Bulawayo, Zimbabwe

^B Center for Development Research (ZEF), Walter-Flex Strasse 3, D53113 Bonn, Germany

^C CSIRO Ecosystem Sciences, PO Box 102, Toowoomba, Queensland 4350, Australia

Abstract

Rain-fed crop production systems in the semi-arid tropics of Zimbabwe are characterized by low water productivity (WP), which is partly attributed to inherent low soil fertility, and further exacerbated by continuous cropping without addition of adequate organic and inorganic fertilizers due to unavailability and high costs. A simulation modeling approach was used to evaluate potential interventions that can be used as entry points to improve crop water productivity. Low-cost interventions that use locally available organic inputs were evaluated using the Agriculture Production Systems Simulator (APSIM). The farmer practice (FP) was compared to interventions comprising manure application (MN) and maize-mucuna rotation (MMR). Their potential effects on crop water productivity, dynamics of soil organic carbon (SOC) and total nitrogen (TN) were assessed. Average maize grain water productivity was 0.32, 0.40 and 0.70 kg m⁻³ under the FP, MN and MMR treatments, respectively, while that of mucuna biomass (*Mucuna pruriens*) was 1.34 kg m⁻³. Cropping under the FP and MN treatments showed negative trends in SOC and TN over 30 years, with average losses ranging from 17 to 74 kg ha⁻¹ yr⁻¹ and 6 to 16 kg ha⁻¹ yr⁻¹, respectively. In contrast, the MMR treatment showed positive trends in both soil organic carbon (SOC) and total nitrogen (TN). The SOC and TN increased by 2.6 to 194 kg ha⁻¹ yr⁻¹ and 6 to 14 kg ha⁻¹ yr⁻¹,

¹ Corresponding author. E-mail: p.masikate@cgiar.org

respectively. According to the simulation results it can be concluded that the MMR treatment can improve the water productivity of smallholder maize systems in the semi-arid areas of Zimbabwe under nutrient-depleted soil conditions and can also contribute to the building up of SOC and TN.

Key words; Maize-mucuna rotations, water productivity, APSIM, smallholder farming systems

1.1 Introduction

Crop water productivity (WP) is generally defined as the ratio of crop yield to actual evapotranspiration (Cai and Rosegrant 2003; Liu et al. 2008), and can be improved by producing the same output with less water or by increasing output with the same amount of water (Mustafa et al. 2008). Grain water productivity of cereal crops in sub-Saharan Africa currently ranges from 0.04 to 0.1 kg m⁻³ while the potential is more than 1.0 kg m⁻³ (Rockström et al. 2003). Similarly, rain-fed crop production systems in the semi-arid tropics of Zimbabwe are also characterized by low WP despite research and extension efforts to develop and popularise improved genetic material and management practices (Ahmed et al. 1997). Low WP is partly attributed to inherent low soil fertility, which is further exacerbated by continuous cropping without addition of adequate organic and inorganic fertilizers due to unavailability and high costs (Nzuma et al. 1998; Mugwe et al. 2004). The challenge is to improve soil fertility and water management in order to increase the productive green water (plant transpiration) use under rain-fed cropping systems (Rockström et al. 2003). Sandy soils are predominant in the smallholder farming systems of Zimbabwe, and these soils are inherently infertile, poorly buffered and contain small amounts of soil organic matter (SOM) (Zingore 2006). Low SOM is also attributed to high turnover rates caused by the high tropical temperatures and the poor protection offered by sandy

soils to microbial attack (Mapfumo and Giller 2001). Therefore, there is a need to regularly apply external organic inputs.

Alternative sources of soil amendments need to be sought in smallholder farming systems, where soil fertility needs to be rebuilt and where high cost and low supply quantities of inorganic fertilizers limit their application (Omotayo and Chukwuka 2009). In Zimbabwe, leguminous forage crops such as *Lablab purpureus*, *Mucuna pruriens*, *Medicago sativa*, and *Cajanus cajan* have been introduced as green manure or cover crops to commercial and communal farmers mostly in the sub-humid areas, where cereal crops productivity was improved through provision of alternative low-cost organic fertilizers (Maasdorp and Titterton 1997; Ngongoni et al. 2007). Grain legumes are also known to improve soil fertility, but farmers only grow them on small areas because of their preference for cereal staples, lack of high quality seeds, disease constraints and lack of output markets (Ncube et al. 2008). In contrast, forage legumes, such as mucuna, can be grown on fallow land, seed can be reproduced, and biomass can be used as green manure to improve soil fertility or as livestock feed. Mucuna production has been successfully tested under smallholder conditions on exhausted sandy soils where biomass yield ranged from 2 to 6 t ha⁻¹ and up to 10 t ha⁻¹ without and with P fertilizer application, respectively (Waddington et al. 2004). Maize grain yield increases of more than 64% have been measured in Zimbabwe after application of mucuna as green manure, where nitrogen (N) contribution from mucuna biomass ranged from 101 to 348 kg N ha⁻¹ (Whitbread et al. 2004). In Malawi, maize following mucuna yielded about 1.5 t ha⁻¹, while maize under the recommended fertilizer application yielded 2.3 t ha⁻¹ and 0.8 t ha⁻¹ on unfertilized plots (Sakala et al. 2003). Mucuna is a vigorous twining crop that can grow on sandy soils with low available phosphorus (P) (Cook et al. 2005), and can suppress weeds such as *Imperata cylindrical* and *Striga*, which are some of the most problematic

weeds in the depleted sandy soils in most smallholder farming systems (Weber 1996; Ikie et al. 2006). Natural pasture provides the basic feed for ruminant animal production (Woyengo et al. 2004) *in these systems and* grass biomass and quality is low during the dry season with protein content dropping from 120-160 g crude protein (CP) kg⁻¹ dry matter (DM) in the growing season to as low as 10-20 CP kg⁻¹ DM in the dry season (Baloyi et al. 1997; Maasdorp and Titterton 1997; Mpairwe, 2005). This causes livestock dry season feed levels to be critically low in terms of quantity and quality consequently affecting both the growth and reproductive performance of the livestock. *Mucuna* can be used as forage, silage, and hay, and can produce high amounts of biomass depending on rainfall even in soils with low available P (Cook et al. 2005), which makes it an appropriate crop for mixed crop-livestock smallholder farming systems.

From the above maize-mucuna rotations appear to be a promising technology to improve soil fertility, and crop and livestock productivity. However, a clear understanding of the attainable productivity of such systems is lacking, and to what extent these can satisfy both crop (soil improvement) and livestock (feed) needs can be satisfied remains unknown. To quantify biomass production and WP of different cropping systems and their long-term impacts on soil fertility experimentally is extremely cost and time consuming. A preferred approach is to use well-proven crop simulation models, hence a modelling approach was taken in this study. The model used was the Agriculture Production Systems sIMulator (APSIM). APSIM is a modular modeling framework that can be used to simulate complex climate-soil-vegetation management systems (McCown et al. 1996; Keating et al. 2003). It has been tested in Africa to evaluate crop production under a wide range of management systems and conditions. In the Sahel zone, for example, Akponikpe et al. (2010) investigated millet response to N with a view to establish recommendations for N application better adapted to smallholder farmers. Delve et al. (2009)

evaluated P response in annual crops in eastern and western Kenya. Ncube et al. (2008) assessed the impact of grain legumes on cereal crops grown in rotation in nutrient-deficient systems in Zimbabwe. Shamudzarira (2002) evaluated the potential of mucuna green manure technologies to improve soil fertility and crop production in southern Africa, while Robertson et al. (2005) evaluated the response of maize to previous mucuna and N application in Malawi.

Published research work on field experiments of maize-mucuna rotations in Zimbabwe is mostly on a short-term basis, and these cropping systems have mainly been tested for crop improvement especially in cereal grain production. Long-term effects of maize-mucuna rotations on soil fertility and attainable production of food and feed have not been tested under smallholder farming systems in the semi-arid areas of Zimbabwe. However the livestock feed issues are not dealt with in this paper. The APSIM model was used in this study to evaluate the long-term effects of maize-mucuna rotations (i) on biomass production, grain yield, and water productivity of maize and mucuna, (ii) on dynamics of soil organic carbon and total nitrogen, and (iii) to investigate the degree of water and nitrogen stress in maize-mucuna rotation systems across seasons.

1.2 Materials and methods

1.2.1 APSIM model description and parameterization

The predictive performance of APSIM for maize grain and stover yield and mucuna biomass was tested under three fertility treatments namely the control (no fertility amendments), microdose (17 kg N ha^{-1}) (Twomlow et al. 2008) and recommended (52 kg N ha^{-1}) fertilizer application on two soil types (Masikati, 2011). The field experiments used to evaluate the model were carried out at the International Research Institute in the Semi-Arid Tropics (ICRISAT), Matopos Research Station ($20^{\circ} 25'$ south and $28^{\circ} 24'$ east) during the cropping season 2008-2009. With

regards to mucuna, the model was evaluated only for the recommended (RC) treatment, as mucuna did not respond to the different P fertilizer application rates under the microdose (MD) and the recommended (RC) treatments (Masikati 2011). This could be attributed to soil P levels which were >10 ppm and considered to be optimal for mucuna production (Reuter and Robertson 1997). The model satisfactorily simulated these management practice differences within experimental error (figure 1a and a). The root mean square error (RMSE) for maize grain, maize stover and mucuna biomass across treatments was 404, 599 and 304 kg ha⁻¹, respectively.

After evaluating the APSIM model regarding its predictive performance for maize grain and stover and mucuna biomass yield (Masikati , 2011), the model was used to evaluate the long-term effects of different crop production systems on water productivity (WP), total soil nitrogen (TN) and soil organic carbon (SOC). Although the model was not evaluated for soil N and OC in the current study, it has capabilities to simulate soil N and OC dynamics (Probert and Dimes 2004) and has been used to evaluate soil N and OC dynamics in similar environments. Chivenge et al (2004) used the model to simulate maize response to manure inputs in the dry and wet areas of Zimbabwe, while Ncube et al (2008) used the model to assess productivity and residual benefits of grain legumes to sorghum in the dry areas of Zimbabwe.

To simulate the cases in this study, the APSIM-maize, APSIM-mucuna, APSIM-weed (Robertson et al. 2005), SOILN2 and SOILWAT2 modules (Probert et al. 1998) were linked within the APSIM version 6.1. The maize and mucuna cultivars used in the experiments have set parameters in APSIM. The maize cultivar SC401 is an early maturing hybrid from Zimbabwe and has been extensively used by a number of researchers to simulate maize production in Africa (Probert 2007; Delve et al 2009). The mucuna_gen in APSIM developed by Robertson et al.

(2005) is a typical cultivar, which is grown under smallholder conditions in southern Africa. Based on model testing Robertson et al. (2005) state that APSIM-mucuna can be used with high confidence in this part of Africa.

1.2.2 Climate data and crop management

Simulations were run for 30 years from 1978 to 2008 using daily weather data (precipitation, minimum and maximum temperatures, and solar radiation) recorded by the national weather bureau of the Matopos Research Station. Sandy soils, which are predominant in the smallholder farming systems of Zimbabwe, were used for the simulations. A short duration maize variety SC401 and mucuna were planted at 3.5 and 10 plants m^{-2} , respectively, and the sowing window was from November to December each year. Soil moisture conditions for sowing were set to 20 mm cumulative rainfall over 5 days.

Simulations were done for crop-livestock mixed farming systems in semi-arid areas of Zimbabwe. In these systems, crop and livestock complement and compete with each other especially for resources such as crop residues. Mostly farmers opt to use crop residues to feed livestock, and this has been a stumbling block for promoting conservation agriculture (Probert 2007). Average cattle holding per household in smallholder farming systems in SAT of Zimbabwe is approximately 6 animals with average adult live weight of approximately 300 kg (Masikati, 2011). This study aims to determine the effects of maize residue removal rates as determined by livestock feed requirements during the dry season on crop production and potential feed supply. To evaluate the robustness of the different crop production systems, the amounts of residues removed yearly were estimated to be equivalent to the amount required to meet 100% of daily dry matter (DM) requirements during 3 months of critical feed shortages each year. Daily DM requirements were calculated as 3% of liveweight (Table 2). The average liveweight of a mature

cow measured on-farm was 300 kg. On average land holding in these systems is 4 ha and of these about 1 ha is left as weedy fallow annually.

Scenario 1- farmer practice (FP)

This scenario was set up to simulate the conventional farming practices of smallholder farmers in the semi-arid tropics of Zimbabwe. No soil fertility amendments were added. Weeding was carried out twice at 25 and 50 days after sowing (DAS). Crop residues in this scenario were removed according to feed requirements at harvest to simulate cut and carry systems, where residues are collected and stored and used as feed during the dry season.

Scenario 2 –manure application (MN)

Livestock manure, especially from cattle, is one of the most available but most under-utilized organic soil amendments on smallholder farms. The number of animals determines availability of manure, while field application depends mainly on labor availability and fertility status of the field. In this scenario, manure was applied 30 days before the start of the sowing window, to simulate what farmers practice as they carry and apply manure to the fields before the onset of the rainy season. Manure production was estimated using a dry weight production of 3.3 kg of dung day⁻¹ Tropical Livestock Unit (TLU)⁻¹ for cattle (Haileslassie et al. 2009), and the application rate was determined by the total size of cropland. This resulted in application rate of 1906 kg dry matter ha⁻¹. Weeding and removal of crop residues was done as for the FP scenario.

Scenario – 3 maize-mucuna rotation and manure (MMR)

In this scenario, maize was grown in rotation with mucuna. Land holding in the dry areas of Zimbabwe is on average 4 ha per household and 1 ha is left as fallow due input shortages or to rest the fields. This allows farmers to have a crop of maize and mucuna each year, hence the simulations were set out to have maize and mucuna yield every year. To evaluate the full benefits of this technology on crop production and soil fertility, the rotation was combined with manure using the same application rates as for the MN scenario. Weeding and removal of crop residues was done as for the FP scenario.

1.2.3 Estimating crop water productivity

To quantify evapotranspiration (ET), the APSIM model uses the SOILWAT2 module. This module uses a multi-layer, cascading approach for the water balance with run-off estimated using the United States Department of Agriculture (USDA) run-off curve number (Probert 2007). The partitioning of rainfall between infiltration and runoff is determined primarily by the soil curve number (cn2-bare). The model also simulates the effects of surface residues and crop cover on modifying runoff and reducing potential soil evaporation. Soil evaporation is determined by the first stage (U) and second stage (CONA) evaporation. Evapotranspiration was calculated as:

$$ET = \text{incrop precipitation} - (\text{runoff} + \text{drainage})$$

Water productivity for mucuna biomass was calculated by dividing above-ground dry matter (kg ha⁻¹) by ET. A similar approach was used to calculate maize grain water productivity (WP_{grain}) calculated as grain yield divided by ET.

1.2.4 Soil organic carbon and total nitrogen

The change in SOC and TN under the different treatments was calculated as the rate of change in these variables per year (kg ha⁻¹ year⁻¹) as:

Change in TN = $(\text{TN}_{\text{final}} - \text{TN}_{\text{initial}}) / (\text{Number of simulated years})$

Change in SOC = $(\text{SOC}_{\text{final}} - \text{SOC}_{\text{initial}}) / (\text{Number of simulated years})$

where TN_{final} and $\text{SOC}_{\text{final}}$ are TN and SOC at the end of the 30-year simulation period, and $\text{TN}_{\text{initial}}$ and $\text{SOC}_{\text{initial}}$ are TN and SOC at the beginning of the simulation period.

For analysis, the top 30 cm of the soil profile was used to evaluate the effects of the different treatments on SOC. The top 30 cm were selected, as user-defined tillage depth in the model was 18cm, which simulates the on-farm plough layer depth (Masikati 2006). Total N in the whole soil profile (0-100 cm) was considered for analysis, as N is a mobile nutrient.

1.3 Results

1.3.1 Maize grain and stover and mucuna biomass yield

The simulations show inter-annual grain yield variability across all treatments. The highest variability was in the MMR treatment (Figure 2). In the FP treatment, inter-annual variability of grain yield ranged from less than 0.4 to over 1.2 t ha⁻¹ while under the MN treatment it ranged from less than 0.4 to slightly over 1.4 t ha⁻¹. The MMR treatment increased substantially the inter-annual grain yield variability as compared to the other two treatments. In the MMR treatment, grain yield ranged from about 0.8 to 4.4 t ha⁻¹, here, grain yield variability was higher within the 25 and 75 percentile. Although there were differences in the highest simulated grain yields, the lowest grain yields were all similar and below 0.7 t ha⁻¹ across all treatments. The highest grain yields under the MMR treatment were more than threefold that for the FP and MN treatments. In 75% of the simulated years, grain yield in the MMR treatment was more than 1 t ha⁻¹, while that in the FP and MN treatments was below 0.5 and 0.6 t ha⁻¹, respectively.

Generally, the MMR treatment increased grain yields substantially as compared to the FP and MN treatments.

Maize stover yields across the three treatments also showed inter-annual variability over the simulation period (Figure 3). Stover yield variability showed a similar pattern to that of maize grain yield where highest variability was in the MMR treatment. However, the lowest yields were not similar across treatments. Lowest stover yields were 0.6 and 0.7 t ha⁻¹ in the FP and MN treatments, respectively, while in the MMR treatment, the lowest stover yields were above 2.0 t ha⁻¹. The highest stover yields in the FP treatment were 2.3 t ha⁻¹, while those in the MN and MMR treatments were, 2.5 and 6.7 t ha⁻¹, respectively. Generally, the MMR treatment substantially increased stover yields, in 75% of the simulated years, stover yield under the MMR treatment was more than 3 t ha⁻¹, while that under the FP treatment was below 1 t ha⁻¹. There was also inter-annual variability in the mucuna biomass yield (Figure 3) where lowest biomass yield was 1.1 t ha⁻¹ and highest was 6.1 t ha⁻¹.

1.3.2 Maize grain water productivity

Maize grain water productivity (WP_{grain}) was substantially higher in the MMR treatment compared to the FP and MN treatments (Figure 4). The FP treatment had the lowest WP_{grain} . Grain-water productivity varied over the 30-year simulation period, with values ranging from less than 2 to more than 1.0 kg m⁻³ across treatments. In the MMR treatment, WP_{grain} could exceed 0.60 kg m⁻³ in 50% of the simulated years while it was about 0.32 and 0.40 kg m⁻³ in the FP and MN treatments, respectively. The results also show that it is possible to attain higher WP_{grain} values in some years. For example, in 30% of the simulated years, WP_{grain} could exceed

1.0 kg m⁻³ in the MMR treatment. The highest attainable WP_{grain} value in the FP treatment was about 0.80 kg m⁻³, while in the MN and MMR treatments were 0.90 and 1.4 kg m⁻³, respectively.

1.3.3 Soil nitrate nitrogen

Soil nitrate nitrogen (NO₃⁻N) in the soil profile averaged for each month across the simulated 30 years was substantially influenced by the different fertility treatments (Figure 5). It was lowest under the FP treatment and highest under the MMR treatment. There were minor differences between the FP and MN treatments although soil NO₃⁻N in the MN treatment was slightly higher than that of the FP treatment from October to November. Simulated soil NO₃⁻N values were highest in November and December across all treatments. The highest soil NO₃⁻N in the FP treatment was 4.9 kg ha⁻¹, while in the MN treatment it was 6.0 kg ha⁻¹ and under MMR treatment 78.0 kg ha⁻¹. A 13- to more than 15-fold soil NO₃⁻N was simulated for the MMR treatment compared to the FP and MN treatments. High NO₃⁻N under the MMR treatment could explain the high grain and stover yields as compared to the other 2 treatments.

1.3.4 Dynamics of soil total nitrogen and soil organic carbon

There were pronounced positive and negative trends in TN over the simulated 30 years for all treatments (Figure 6). The FP and MN treatments showed a substantial decrease in TN over time. A substantial decrease was exhibited, where initial TN was 4.1 t ha⁻¹ and final TN was 3.7 t ha⁻¹ in the FP treatment and 3.8 t ha⁻¹ in the MN treatment. Under the MMR treatment there was a marked increase from 4.1 to 4.4 t ha⁻¹. Soil organic carbon (SOC) followed a pattern almost similar to that of total nitrogen, as it was also influenced by treatment over the simulated 30 years in the top 30 cm of the soil profile (Figure 7). There was a substantial decrease, where initial SOC was 21.0 t ha⁻¹ and final 19.8 t ha⁻¹ under the FP and 20.7 t ha⁻¹ under the MN treatments, respectively. In the MMR treatment, there was a marked increase in SOC from 21.0

to about 24.7 t ha⁻¹. Generally, the MMR treatment improved TN and SOC substantially over time.

Annual rates of increase or decrease in SOC and TN varied between the different treatments (Table 3). Losses under FP were the highest compared to the other two treatments. Losses of 50.7 kg SOC ha⁻¹ yr⁻¹ were simulated. Under the MN treatment, there were losses of 26.0 kg SOC ha⁻¹ yr⁻¹ while under the MMR treatment, SOC increased by 110.0 kg ha⁻¹ yr⁻¹. Total soil N under the different treatments also showed both negative and positive balances over the simulation period. Generally, there were negative trends across all treatments except under the MMR treatment. There was a positive N balance under the MMR treatment with mean annual gains of 6.1 kg N ha⁻¹ yr⁻¹, respectively.

1.3.7 Nitrogen and water stress factors

Both rainfall and nitrogen (N) play an important role in crop production. Average annual rainfall was 534 mm across the simulated 30 years; highest rainfall of 1000 mm was recorded in 2000 and lowest in 1992 of about 250 mm (Figure 8). Years with high rainfall did not always coincide with high yields. For example, in the wet years of 1985 and 1988, where annual rainfall was 624 and 811 mm, respectively, grain yields were slightly above 1 t ha⁻¹ under the MMR treatment. There were also years with below-average annual rainfall which, had very high yields, e.g., 1981 and 1999 where annual rainfall was 283 and 402 mm, respectively, and average grain yield was above 3 t ha⁻¹ under the MMR treatment. To determine the effects of rainfall and N on crop production under the different treatments, an analysis of soil N and water stress factors during maize growth periods was done for the worst years (Figure 9a and b), average (Figure 9c and d) and best years (Figure 9e and f).

The simulated soil N and soil water (SW) stress factors predicted for the worst years showed that crops under the FP and MN treatments generally experienced slight to severe N stresses from approximately 10 days after sowing (DAS) until crop maturity. (Figure 9a and b). In the worst years, N stress below 0.5 was experienced by crops under the FP and MN treatments from approximately 46 DAS. There was no critical N stress under the MMR treatment in the worst years. Soil water stress below 0.5 was experienced by crops under the MMR treatment at approximately 60 DAS. No SW stress was simulated for crops under the FP and MN treatments. During the average years, N stresses below 0.5 were experienced by crops under the FP and MN treatments at approximately 49 DAS (Figure 9c and d). No N stress was simulated under the MMR treatment. No SW stress was experienced by crops under the FP and MN treatments but there was SW stress under the MMR treatment that was experienced around 84 DAS. Effects here could not be critical for grain production as stress affected crops almost at maturity, which is a different case under the worst years. In the worst years water stress is experienced during flowering which substantially affects grain production. In the best years, simulations showed N stress under the FP and MN treatments while under the MMR treatment no N stress below 0.5 was experienced (Figure 8e and f). Only minimal SW stress was experienced by crops under the MMR treatment. Generally, N stress was below 0.5 and there was no SW stress under the FP and MN treatments. In the best years, no critical N and SW stress was experienced by crops under the MMR treatment. In the simulated 30 years, 20, 30 and 50% of the years were worst, average and best respectively.

1.4 Discussion

1.4.1 Maize and mucuna biomass yield

In the rain-fed semi-arid tropics of Zimbabwe, the agro-ecosystems are characterized by erratic rainfall patterns during the growing season. Low water holding capacity of the predominant sandy soils coupled with low soil organic matter and high evaporation further contribute to soil moisture limitation during this period. Crop production is monoculture and cereal based with minimal application of soil fertility

amendments. The simulated maize grain yields showed variations across seasons, treatments. There were pronounced differences in maize grain yield across treatments, where yields were low under the FP treatment, showing the negative effects of non-application of soil amendments. Low maize grain yield under the conventional farmer practice have been observed in an on-farm experiment (12 years) in the sub-humid areas of Zimbabwe (Waddington et al., 2004). Maize yield with manure application was lower than that in the maize-mucuna rotation. This can be attributed to the low manure quantities applied (1.9 t dry matter (DM) ha⁻¹) while recommended is 10 t DM ha⁻¹ (Mugwira and Shumba 1986). Under the MMR treatment, simulated yields were substantially increased, but there was also high inter-annual variability. Lowest maize grain yields were below 0.5 t ha⁻¹, and highest yields were above 4 t ha⁻¹. For maize stover, the lowest yields were about 1.5 t ha⁻¹, and the highest about 8 t ha⁻¹. Maize stover yields are usually not measured but maize grain yields observed here are comparable to those observed by Sakala et al (2003) under a maize-mucuna rotation system where maize grain yield was about 3.5 t ha⁻¹ against 1 t ha⁻¹ from the continuous unfertilized maize. Yields were improved by a combination of manure and crop residues and nitrogen fixation which, contributed to about 70 kg ha⁻¹ of soil NO₃-N at the beginning of the cropping season. The results showed that in smallholder mixed crop-livestock systems, the conventional monoculture cropping with low application of soil fertility amendments can be significantly improved by incorporating forage legumes in rotation with cereal crops. Mucuna was chosen in this study for its drought tolerance, low susceptibility to aphids and potential to improve soil fertility and subsequent crop yield (Nyambati 2002; Maasdorp et al. 2004) as well as for being a high protein livestock supplementary feed in semi-arid areas in Zimbabwe (Maasdorp and Titterton 1997). A number of studies done in Africa have shown that mucuna can fix more than 50 kg N ha⁻¹ year⁻¹ on a sandy loam soil (Giller 2001) while maize yields of 3-6 t ha⁻¹ were observed under mucuna as green manure with no additional mineral N fertilizer (Kumwenda et al. 1998). In this study, the rotation had positive effects on both maize grain and stover yields. Mucuna biomass was also high with an average yield of 3.5 t ha⁻¹. Mucuna biomass yield of more than 5 t ha⁻¹ was attained in 6 out of 30 simulated years, which is similar to values reported for smallholder farming systems in sub-humid areas of Zimbabwe (Waddington et al. 2004). The use of

forage legumes in rotation with cereal crops has been reported to have beneficial effects not only in the overall grain yield production, but also in the chemical and physical properties of the soil (Nyambati 2002; Waddington et al. 2004; Alvaro-Fuentes et al. 2009).

1.4.2 1.4.2 Maize grain water productivity

Simulations using the APSIM model revealed that in the study area WP_{grain} is adversely affected to a great extent by low soil fertility. Interventions that can improve soil fertility are likely to have positive impacts on WP. Attainable WP_{grain} of the rain-fed semi-arid tropics is 0.9 to 1.2 kg m^{-3} (Rockström et al. 2003; Cai and Rosegrant 2003). In this study, average WP_{grain} of maize under the MMR treatment was 0.6 kg m^{-3} . The highest values ranging between 1.0 and 1.2 kg m^{-3} were achieved in only 3 of the simulated 30 years, while 0.9 kg m^{-3} was achieved in 30% of the years. This shows that there is scope to improve WP on smallholder farms with increases in soil fertility.

An analysis of N and SW stress factors during maize growth periods was done for the worst, average and best years. Rainfall was a limiting factor in the MMR treatment, while soil N was a limiting factor in the FP and MN treatments across all year categories. Nitrogen stress below 0.5 was experienced from the floral initiation stage until crop maturity. It can be said that under low fertility conditions in semi-arid areas, maize production is more limited by fertility than by soil water, as crops under the FP and MN treatments did not experience SW stress in any year.

On the other hand, the high soil $\text{NO}_3\text{-N}$ ($>50 \text{ kg ha}^{-1}$) in the MMR treatment showed that in this treatment there was no N stress below 0.5 during all years. However, water was limiting during the worst and average years. Water stress below 0.5 was experienced by crops between the floral initiation and flag leaf stages during the worst years and at the flowering stage during the average years. On average, there was a difference of about 24 days between the onset of water stress during the worst and average years. Water stress experienced by the crops under the MMR treatment led to a reduction in the harvest index (HI). Under the FP treatment, the HI was 0.34, 0.42 and 0.38 while under the MN treatment it was 0.33, 0.42

and 0.39 during the worst, average and best years, respectively. Under the MMR treatment, it was 0.11, 0.24 and 0.40 during the worst, average and best years, respectively. Higher soil N increases crop growth and biomass production, which means higher transpiration to produce the biomass, and thus the soil water becomes depleted more quickly. This can result in water stress during grain setting if there is no rainfall event during that period, thus leading to reduced grain numbers. Soil water stress was experienced during the critical period for grain setting (flowering stage). This is also evidenced by the low variability in maize stover and mucuna biomass yield across the years as compared to the variability in grain yield. No soil water stress was experienced during the best years. It is therefore important to note that when soil fertility is improved in these areas, rainfall becomes the limiting factor. Rockstrom et al (2003) showed that in current drought-prone agroecosystems, with improved soil management practices there are no agrohydrological limitations to double or even quadruple staple food yields.

1.4.3 1.4.3 Soil organic carbon and total nitrogen

The simulation results show that the conventional FP treatment has negative effects on both SOC and TN content over time. Soil organic carbon and TN were substantially decreased mainly because no organic soil amendments were applied. Losses of SOC ranged from 17 to 74 kg ha⁻¹ yr⁻¹, while TN losses ranged from 9 to 16 kg ha⁻¹ yr⁻¹. For soils that are already impoverished, these are significant losses, which are detrimental to future crop production. The manure treatment also had negative effects on SOC and TN as both quality and quantity of manure available to smallholder farmers are low. Although the recommended annual application of manure ranges from 8 to 10 t (DM) ha⁻¹ most farmers can only afford to have 3-6 t (DM) year⁻¹ but delivery and application to the fields is mainly determined by labour availability (Mapfumo and Giller, 2001). Under the MMR treatment both SOC and TN were substantially increased over the years. Increases of about 110 kg SOC ha⁻¹ yr⁻¹ are attributed to crop residues and below ground biomass. Benefits could be obtained mainly from crop residues and below ground biomass. However, it is important to note that there is lack of experimental data showing long-term effects of conventional and cereal-legume rotation on SOC and TN dynamics in smallholder farming systems (Zingore 2006; Probert

2007). Sanchez et al. (1997) reported N losses of up to 660 kg ha⁻¹ in a period of about 30 years from an estimated 200 million ha of cultivated land in 37 African countries. In this study, the simulated SOC and TN trends under the FP are very similar to the prevailing situation in smallholder farming systems in the semi-arid tropics of Africa (Sanchez et al. 1997; Waddington et al. 2004; Probert 2007). Soil organic carbon is the backbone of soil organic matter, which affects soil quality because it is a nutrient reservoir and positively influences soil properties such as cation exchange capacity, aggregation, soil bulk density, microbial activity and soil tilth (Coulter et al. 2009). McCown and Jones (1992) referred to continual loss of SOC in smallholder farming systems as the “poverty trap”. To get farmers out of this poverty trap, technology interventions that can improve SOC should be developed. The maize-mucuna rotations have the potential to improve WP_{grain} , soil fertility and livestock feed. However adoption of a technology by farmers is not mainly based on its agronomic performance but by other factors/uses that would be important to the overall farm production and household needs (Becker et al. 1995). Some factors and uses considered by farmers are weed suppression, labour demands, seed availability, human food and livestock feed among others (Becker et al. 1995, Jeranyama et al. 1997). Mucuna can be used to improve soil fertility, weed suppression and also as livestock feed (Nyambati, 2002). Green manures were introduced in Zimbabwe in the 1950s but constraints such as labor and seed unavailability caused low adoption in the smallholder farming systems (Jeranyama et al. 1997). With the current negative trends in soil fertility and also the high costs of inorganic fertilizers, there is therefore need to make such technologies to be accessible to the farmers.

Conclusions

The simulation results show that the maize-mucuna rotation system has the potential to improve maize productivity and soil fertility in smallholder farming systems in the semi-arid areas of Zimbabwe. Simulation modeling provides a valuable framework for systems analysis of farming systems; they also assist as decision-making tools. However performance of the suggested alternative technologies need to be evaluated on-farm for attainable yields and also to evaluate other factors or uses of the crop, which

might limit adoption by farmers. The technology is promising but as in the past adoption has been limited due to constraints such as labor demand and lack of seed among others, this is evidenced by low adoption or non-use of green manures despite improved attainable yields. With the current levels of soil fertility, cereal yields and the high cost of inorganic fertilizers, alternative sources need to be sought and inclusion of forage legumes is one promising technology that can be evaluated for on-farm benefits e.g. use of forage legumes combined with crop residues to improve soil fertility and also as an adjunct to dry season feed shortages.

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1.5 References

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Table 1 Initial soil organic carbon (OC) and nitrate-nitrogen (NO₃-N) of soil samples collected from experimental sites, in December 2008 and soil physical parameters.

Parameter	Soil Layer (cm)					
	0-15	15-30	30-45	45-60	60-75	75-100
OC (%)	0.52	0.43	0.35	0.30	0.21	0.21
NO₃-N (ppm)	3.08	2.16	2.30	2.21	2.55	1.07
Airdry (mm/mm)	0.03	0.07	0.09	0.09	0.09	0.09
LL 15 (mm/mm)	0.06	0.10	0.13	0.13	0.18	0.22
DUL (mm/mm)	0.16	0.18	0.19	0.20	0.22	0.24
SAT (mm/mm)	0.41	0.41	0.41	0.37	0.36	0.34
Bulk density (g cm ⁻³)	1.43	1.42	1.42	1.55	1.55	1.61

Table 2 Cattle dry matter requirements

Average cattle holding*	6 heads
Average live weight*	300 kg
Approximate daily dry matter intake**	3% of live weight
Critical feed shortage period*	September to November (~90 days)

*ICRISAT survey, (2008); **FAO, (2002)

Table 3 Trends in soil organic carbon (SOC) and total soil nitrogen (TN) under three treatments. Soil organic carbon in top 30 cm of the soil profile and total nitrogen in soil profile to 70 cm depth. FP= farmer practice; MN= manure; MMR= maize-mucuna rotation.

Treatment	SOC (kg ha ⁻¹ yr ⁻¹)	TN (kg ha ⁻¹ yr ⁻¹)
FP	-50.7	-13.5
MN	-26.0	-10.5
MMR	110.0	6.1

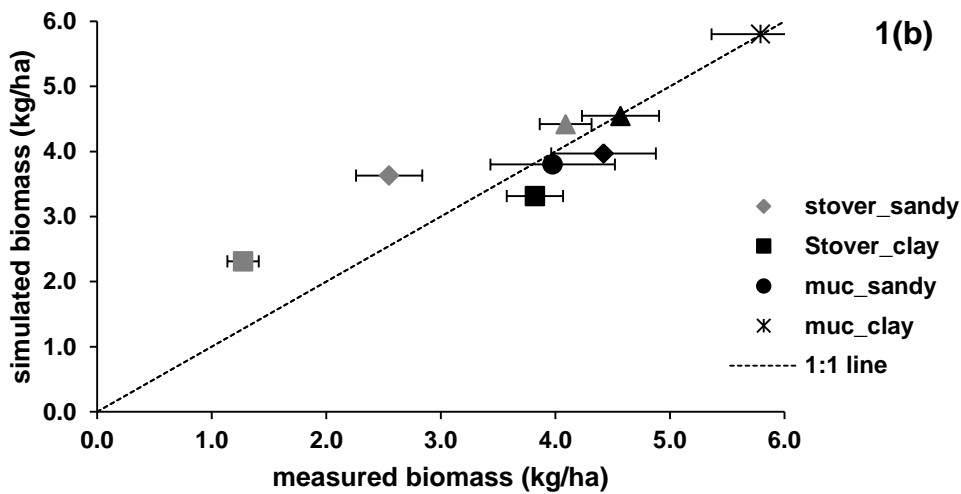
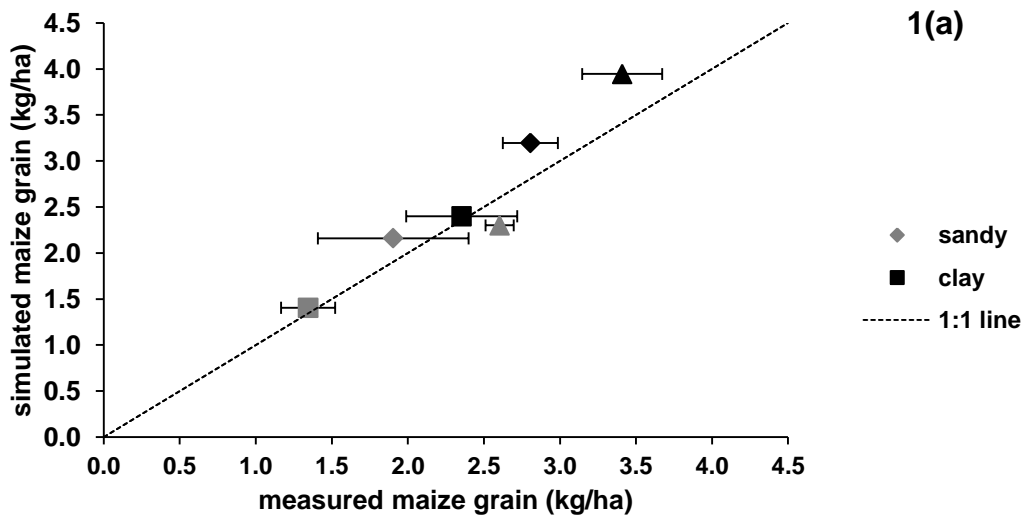


Figure 1 a and b Simulated and observed maize grain yield (1a) and maize stover and mucuna biomass (1b) on clay and sandy soils. Maize grain yield under the FP, MD and RC treatments are shown by the different shapes as square, diamond and triangle, respectively

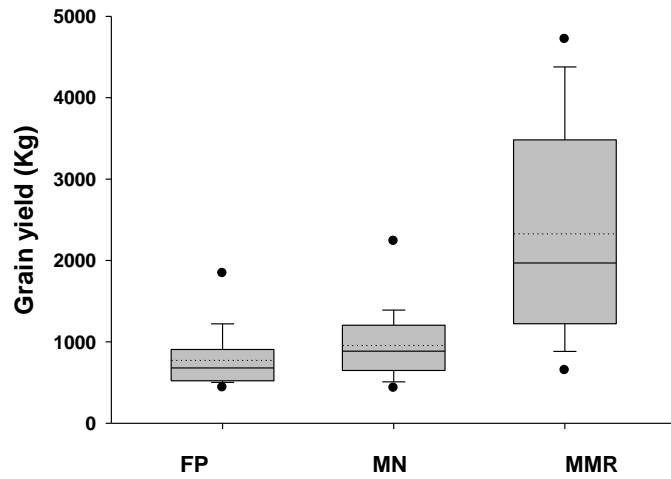


Figure 2 Simulated effects of soil fertility management on maize grain yield. The box-and-whisker diagrams include: (dotted and solid lines) mean and the median values respectively; (cross bars) maximum and minimum values; (circles) extreme values. FP = farmer practice, MN = manure, MMR = maize-mucuna rotation

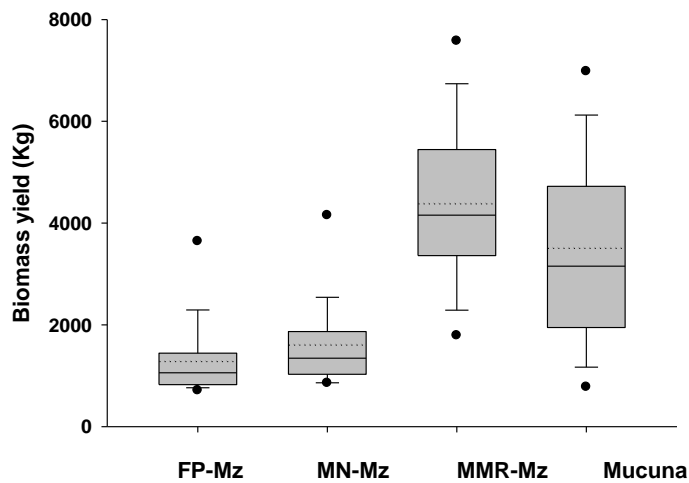


Figure 3 Simulated effects of soil fertility management on maize stover and mucuna biomass yield. The box-and-whisker diagrams include: (dotted and solid lines) mean and the median values respectively; (cross bars) maximum and minimum values; (circles) extreme values. FP = farmer practice, MN = manure, MMR = maize-mucuna rotation

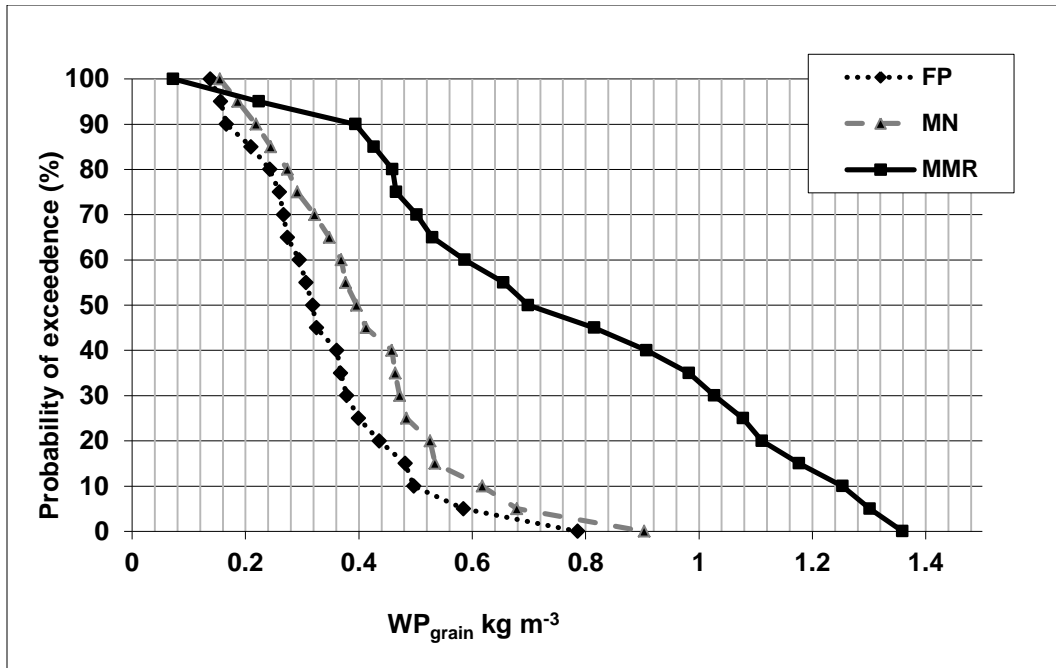


Figure 4 Effects of soil fertility management on maize grain water productivity (WP_{grain}) simulated over a period of 30 years. FP = farmer practice; MN = manure; MMR = maize-mucuna rotation.

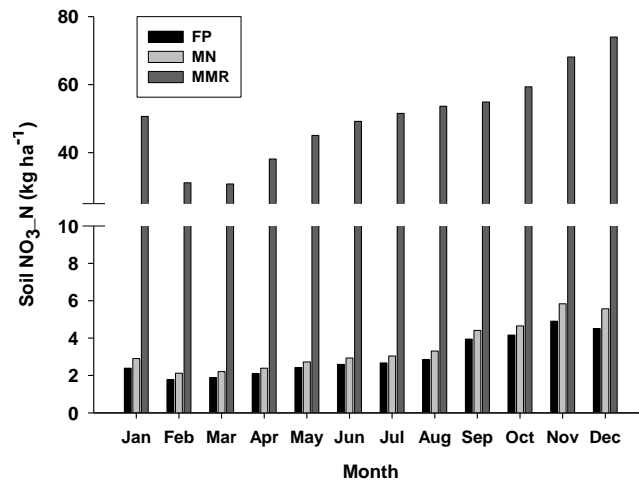


Figure 5 Soil nitrate nitrogen ($\text{NO}_3\text{-N}$) averaged for each month for the simulated 30 years for, MN = manure, MMR = maize-mucuna rotation

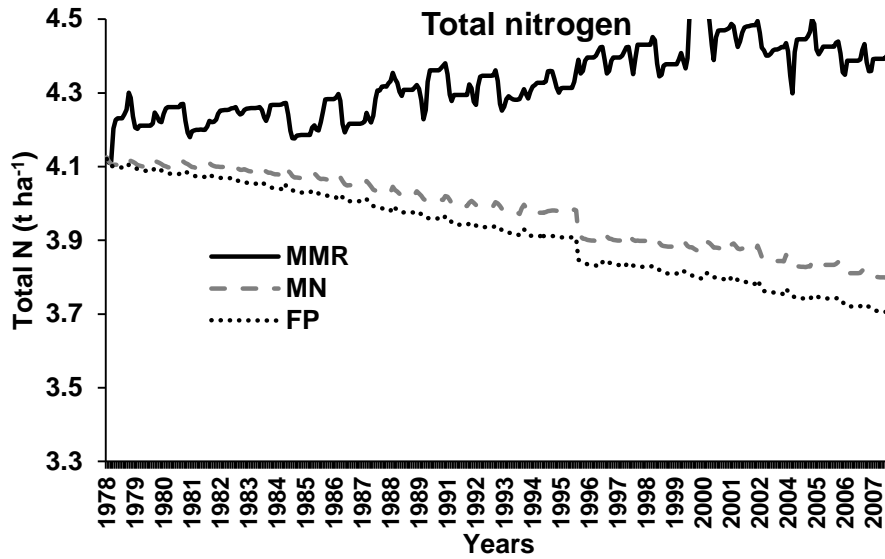


Figure 6 Dynamics of soil total nitrogen (TN) in the soil profile (0-70 cm) simulated over 30 years under three treatments. FP = farmer practice, MN = manure, MMR = maize-mucuna rotation.

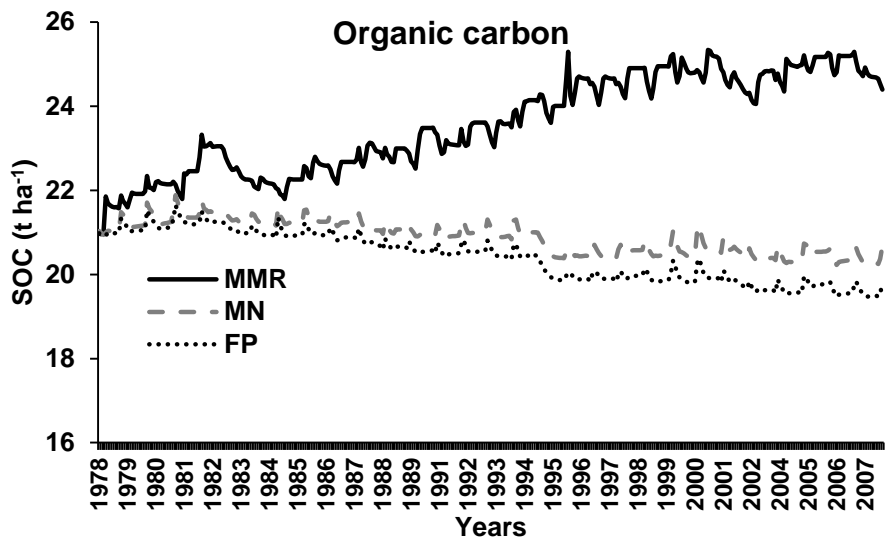


Figure 7 Dynamics of soil organic carbon (SOC) in the top 30 cm of the soil profile simulated over 30 years under three fertility treatments. FP = farmer practice, MN = manure, MMR = maize-mucuna rotation

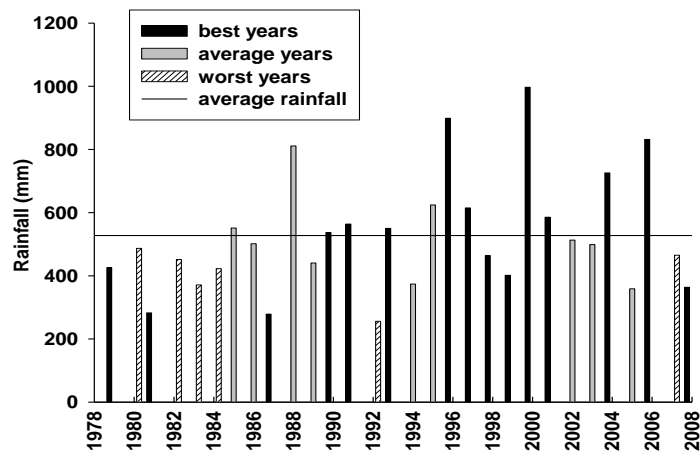


Figure 8 Annual rainfall and year performance indicated by APSIM for maize grain yield simulated from 1978 to 2008 under different treatments. Years were categorized according to yearly performance of the MMR treatment as indicated by APSIM in the maize yield simulation from 1978 to 2008 and randomly selected across the treatments. Selected worst years were 1980, 1982, and 1992, normal years were 1986, 1994 and 2002, and best years were 1996, 2000 and 2004.

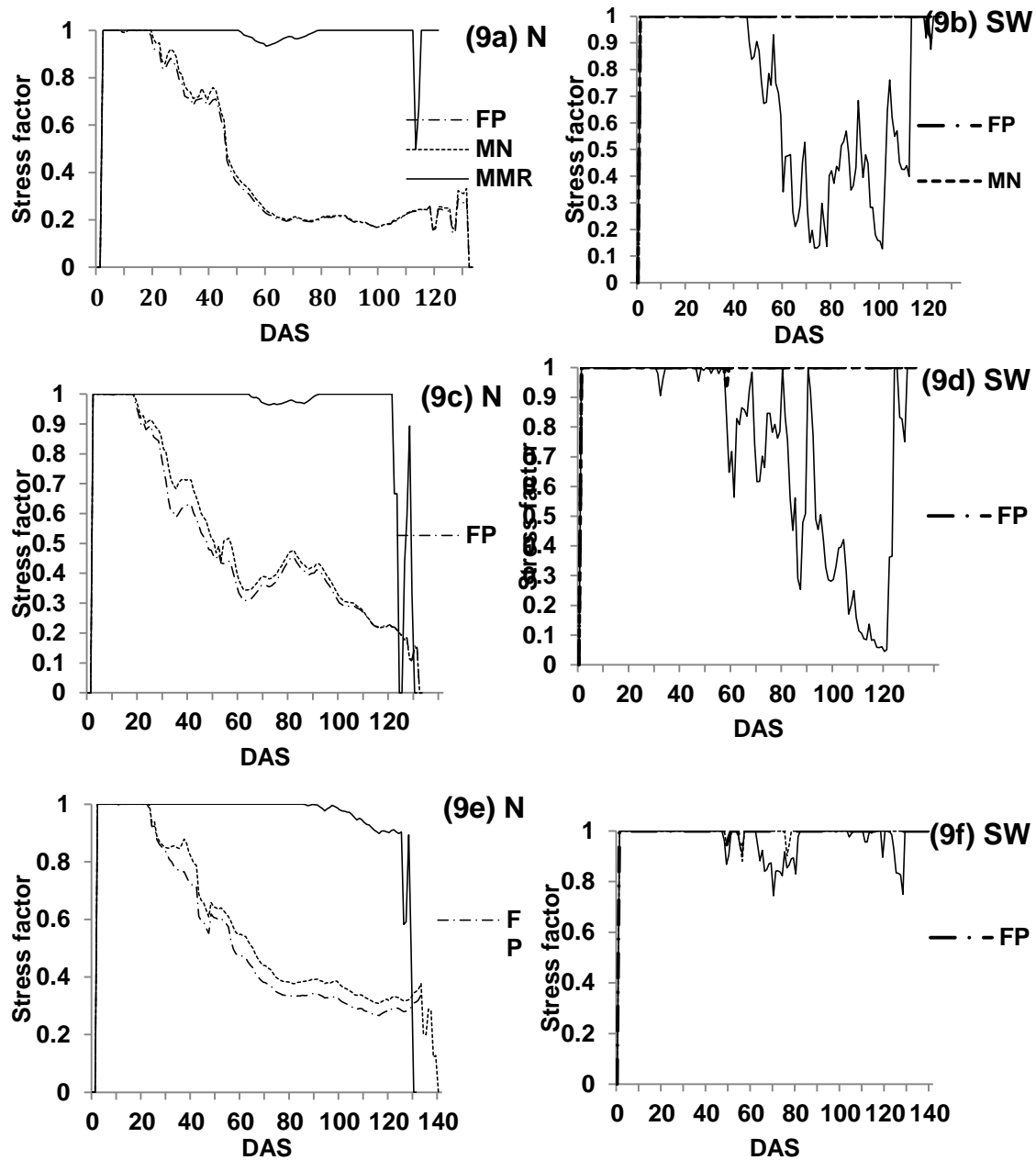


Figure 9a-f Simulated nitrogen and water stress factors (1 = no stress; 0 = extreme stress) during selected worst (9a-b), average (9c-d) and best years (9e-f) for maize crop under three fertility treatments FP = farmer practice, MN = manure, MMR = maize-mucuna rotation. N = soil nitrogen, SW = soil water DAS = days after sowing